

1. Guru Nanak
(1469—1539)



Guru Nanak is the founder of Sikhism.

Nanak was a clever boy who liked to spend his time thinking about God.

He liked to help the poor.

When he was about 30 he got lost for 3 days. When he came back he said that he had met God and he started to teach about God.

Guru Nanak taught that all people are equal.

He is best known for his humility.