

Jesus

Jesus (who is also called Christ), was born in Israel about 2000 years ago. For the first 30 years of his life, he lived as a Jewish person, working as a carpenter. In his 30s, Jesus began teaching to the public and working miracles to heal sick people. Although Jesus was a modest person, his reputation spread far and wide.

Jesus taught people to be good and that it is important to have a good heart. He worked a lot with sick people and with children. He believed it was important to pray and to ask for forgiveness when you make mistakes. Jesus taught that it is not good to be proud. Many of his stories can be found in the Bible. He taught us to be humble, to pray, to fast and to ask for forgiveness. He told people that it was important to believe in God. Jesus was persecuted to death for his beliefs.

Mohammed

Mohammed was born in Mecca in 570 AD. According to legend, a host of angels joyously attended his birth. As soon as he was born, he fell to the ground, took a handful of dust and declared: "God is Great". He married Khadija, a wealthy widow, fifteen years older than himself. When he was about 40 he started to experience visions from Gamaliel, which would later be used to make the Qu'ran. He preached belief in one God.

Mohammed believed that we should fast, pray regularly and ask for forgiveness.

Mohammed preached belief in one God, but he was persecuted for his ideas. He also built the first mosque in Medina. From Medina, Mohammed set out for Holy wars. He returned to Mecca, which has become the centre for Muslim worship.

Buddha

Buddha was born near Nepal on the full moon of May, in 623 BC. His first name was Prince Siddhartha Gotama, which means 'wish-fulfilled'. He was well-educated, married and wealthy until he began to question the reasons for his life.

He left his wealthy palace and set out to find the answer to his questions about life because he did not understand why people had to suffer.

Buddha finally found peace (and enlightenment) after many years of meditating and praying. Buddha believed that we would only find peace when we accepted the way things are. He taught us to be accepting and to serve other people. Buddha did not believe that there is a God looking after us.